

HEALTHY LIVING

IPSWICH

*“Volunteer for life,
it will give you life”*



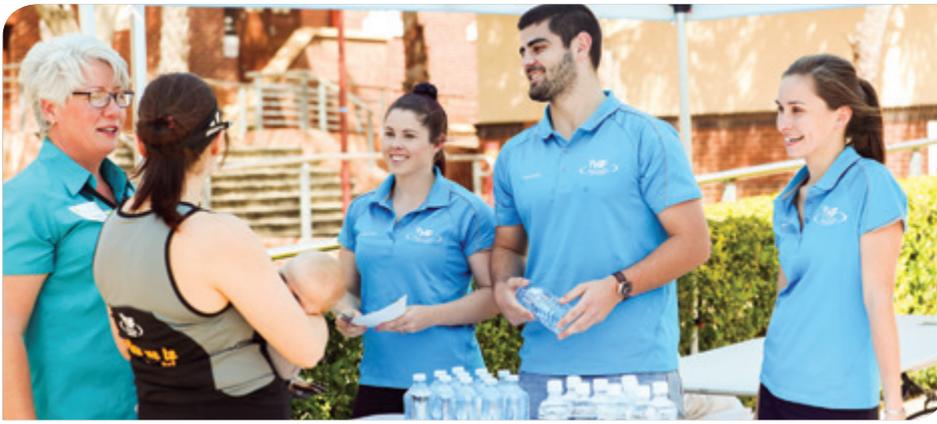
Make a difference this Christmas

'tis the season to be jolly, giving and creative

ihfoundation.org.au

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VOLUNTEER FOR LIFE, IT WILL GIVE YOU LIFE

FRIENDSHIP, PURPOSE AND DEDICATION OF IHF VOLUNTEERS

Friendship, purpose and difference are among the main factors driving most of the dedicated Ipswich Hospital Foundation Volunteers.

Ipswich Hospital Foundation Volunteer coordinator Judy Andrews said volunteers more than enhance services and support for the West Moreton community.

“We would not have the reach and impact that we have without our volunteers. It’s their energy, commitment and dedication that brings us closer to becoming the Healthiest Community in Australia.”

“Volunteering really is a great way to help bring meaning to your life, for some after a

significant event or loss, or simply a great way to meet people and learn new skills!

Why not become an IHF volunteer and enjoy these great personal benefits:

- ❖ **Friendship** with fellow volunteers, health service and hospital foundation staff and consumers.
- ❖ **Purpose**, a place to be if you have retired, or are not currently in paid work, looking to build your skill set or to support and give back to community.
- ❖ **Difference**, feel great knowing you are contributing to an organisation like the Ipswich Hospital and to the health community.



SKILLS TO SHARE? WE NEED YOU

Ipswich Hospital Foundation is looking for professionals to join our team on a volunteer basis. If you have skills in admin, fundraising, accounting, events, IT, or marketing, just to name a few, we want to hear from you!

Visit the volunteer page on our website to apply online and to see all the current opportunities. The positions we’re looking for fill urgently are:

Volunteer Coordinator Assistant

Volunteer Coordinator Assistants assist with the recruitment, training, and retention of volunteers along with general administration and communications.

Volunteer Caravan Park Manager

Volunteer Caravan Park Managers provide check in services for caravans, camper vans and mobile homes on weekends and public holidays.

Apply now: ihfoundation.org.au



MAKE A DIFFERENCE THIS CHRISTMAS

Ipswich Hospital Foundation needs your support to ensure the people in hospital in our region enjoy the Christmas joy that they deserve this festive season.

Ipswich Hospital Foundation CEO James Sturges said it is time to be creative in our workplaces and family and friend groups to make a difference.

“Let’s think of the wider hospital community who are spending time in hospital this Christmas for many reasons, be it mental health, in the rehabilitation ward or an unexpected illness.

“Getting together as a family, business or friendship group to host your own fundraiser, Secret Santa or creating hospital care packages is a fun way to contribute together,” he said.

Other ways you can support the IHF:

- ❖ **Gift** your loved ones a membership for

the IHF Fit4Life fitness activities. What better way to treat your family and friends than with access to fun, safe, all-abilities fitness activities. No lock in contracts, simply sign up now and pay weekly: ihfoundation.org.au or call 1300 736 428

❖ **Pledge** a donation at www.ihfoundation.org.au and IHF will ensure it goes exactly where it is needed in the Health Service

❖ **Purchase** age specific gifts for hospital patients, wrap and label them ready for Christmas Day!

❖ **Order** your delicious, pre-prepared Christmas meals with FIGJAM, quote IHF and 10% of your order will be donated back to IHF! Contact IHF or FIGJAM to order.

To make a donation, or if you want to run your ideas past us, call 1300 736 428 or visit IHF Office, Shop 3/1 Bell Street, we’d love to hear from you.

MALCOLM AXTEN WINS CARING BETTER AWARD

IHF Volunteer Malcolm Axten has been acknowledged recently at the West Moreton Health ‘Caring Better Together’ Awards, which recognised outstanding commitment to making West Moreton Health a safe place for people to work.

Malcolm was nominated by Kate Delany of West Moreton Health who encountered Malcolm on the hospital staff shuttle ‘Cars for Care’ service.

Ipswich Hospital Foundation Board Chair Neil Harding said he was extremely pleased but not surprised that a hospital volunteer was nominated for an award.

“Hospital Foundation volunteers are among some of the most dedicated and determined people in our community,”

“These are people who give of their precious time to support the health service and healthy programs

across the West Moreton Region on any given day, going above and beyond!”

“We are extremely proud of Malcolm, he has certainly had some health challenges in his life and found volunteering through that,” he said.

